

the
facebook
pickup method
by derek lamont



“The **Most Explosive** Guide On How To **Attract, Meet, And Seduce** Beautiful Women on Facebook and Other Social-Networking Websites”



This is an Online Game Preview Report! It Covers *The First 2* Parts Of My Online Game Bonus Product On Picking Up Attractive Women On Facebook.

**Find the full method in my system at...
[Online Pickup Secrets](#)**

You may *not* resell this product in **any way. However, please feel free to distribute it and share this valuable information with anyone!**

Introduction



Meeting people of the 'net used to be considered taboo.

But we live in a new era where the likes of Facebook, MySpace, Plenty of Fish, and other social-networking websites have literally saturated our lives! So why should you care?

Can I start off by stating that the growths of these websites have been nothing short of astronomical?

Facebook alone has over 65 million active users. Half of these 65 million users log on *daily*. Facebook averages up to 250,000 new registrations per day. Some reports suggest that its size will double every six months...

Whew! And that's just Facebook alone.

So how can this work in **your** favor? The quality of women on these websites is staggering. There is definitely not a shortage of gorgeous, sexy, beautiful women out there ready to be approached in the digital world – but here's the catch... only 1% of guys out there REALLY know how to do this...

You think it's easy? Well, you might get lucky and hit a couple girls out there who will dig you just because of your profile picture... but the truth is that on social-networking websites like Facebook and MySpace...

WOMEN HAVE ALL THE POWER.

Did you ever hear about Mystery's, a.k.a. Erik von Markovik's 80/20 rule?

Men weight a woman's survival and replication quality mostly on physical appearance - approximately 80% of it. 20% of it would be allocated on 'personality' traits such as intelligence, humor, confidence, etc.



With women, it's the complete opposite!

So in a social-networking perspective, since the hot women have ALL the hot pictures, it's easy to see that your pickup method has to be even MORE precise than in real life. You DON'T have the luxury of conveying body language, humor, Kino-escalation, etc. That just isn't possible. Therefore, your game has to be tighter than ever!

But that's what our system gives you – the most precise and effective method for getting the girls you talk to on Facebook to your bedroom. After several years of testing messages, profile tactics, responses, and a multitude of other things, we've developed a step-by-step instruction program that lets any guy start attracting, meeting, and seducing women online...quickly and effectively.

No loud and boring clubs required. **Keep reading...**

The Facebook Advantage



Sure there are disadvantages to trying to attract beautiful women on Facebook but there's also a list of very strong advantages, too.

- 1.) **If you hate clubbing, or just simply suffer from too much approach anxiety, online attraction can be a very real alternative.** Although addressing your real life approach anxiety is crucial and in my opinion

should be dealt with, online pickup is actually quite fulfilling and fun if you're tired of the club scene

2.) You don't have to worry about interruptions, jealous boyfriends, "obstacles", cock blocks, having a wing, isolation, embarrassment, or AMOGs (Other Alpha Males that may be in the vicinity)... it's a pretty clear way to get a nice clean line of communication with your target.

3.) Unlike online dating websites, the quality of women on MySpace and Facebook type websites is much higher. High quality women will still always use these types of websites to network – socialize with their friends and keep in touch with distant relatives. It's much harder (although extremely and easily possible) to find quality women on online dating websites.

Alright! But how do you compensate the deficiencies that I mentioned earlier? Don't worry; we'll get to that in just a second.

My Final Thoughts Before We Get Started

My goal for this condensed report is to have you successfully conversing with both women you've never met before on Facebook/MySpace, and women that you currently have on your friends list.

The techniques I have developed have been based on hundreds of tests and surveys that I have personally conducted in the field. I've taken this research and corroborated with several other online attraction specialists and together have developed a very sound system for attracting women online.

During my findings, I did a great deal of research on general PUA – I was a very loyal student of Mystery's books and techniques, but I've also have read and experienced techniques from the like of Style (Neil Strauss), John Alexander's Alpha Male System, Mike Pilinski's High Status Male System, Ross Jeffries's NLP, and several others.

Did I find this information helpful in the online attraction realm? I most definitely did. However, like I said earlier, there are distinct differences that you must take note of...

Misconception #1 – You have to ‘neg’ and be cocky/funny like crazy online...

You simply can’t do this. You cannot convey the proper amount of playful emotion through text to pull this off CONSISTENTLY. As comfort and trust level is built, emoticons and punctuation, and “lol” statements can be made in certain situation which complements the ‘negs’. However, initially, strong negs can be a gamble.



Misconception #2 – As long as your messages are good enough, you don’t need anything else...

Wrong. Men too often ignore the importance of their profile. Picture yourself as an attractive girl and you receive a message from a guy that has a crappy webcam picture (or no picture at all!) with no friends, no wall posts, etc. Creepy as hell.

Misconception #3 – Copy and paste messages always work.

They don't. Sometimes, given the situation, they can...but not always. I will cover this later in the book.

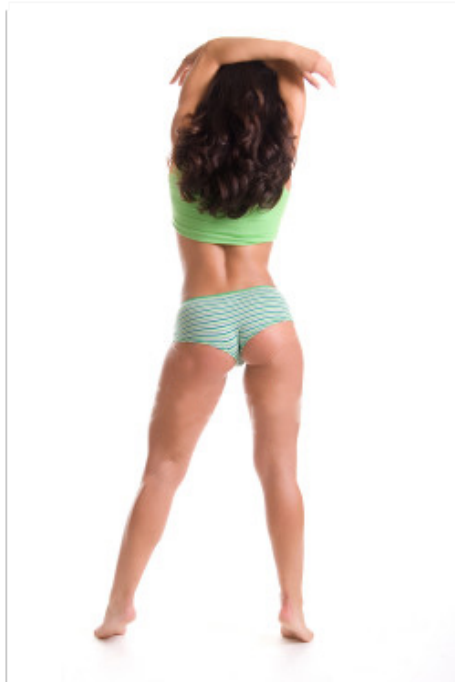
And last but not least... picking up girls online can be addicting. Although I was spending months upon months just sitting in my underwear while picking up girls on Facebook/MySpace/online dating websites, I let it dominate my life.

Sometimes it's healthy to pick girls up the normal way... don't let this happen to you!

I hope you enjoy... first part starts now...

Part 1

The Profile



Setting Up Your Profile Picture!

Why is this so important?

Having an attractive profile is everything. **If you don't have an attractive profile, you will not receive any messages from quality women.** Not even if you send an attractive message first. No girl wants to talk to a "creep". That's the biggest problem women have with men online.

Let's familiarize ourselves with Facebook for a bit. This may be common sense to a lot of you, but these are features that you must take advantage of. The beauty of Facebook is really its tagging features. Tagging people on Facebook is actually one of the best ways to get **traffic** to your profile...

So how can you better your ability to do this?

Buy a good camera.

Yes, buying a great camera and bringing it to as many social events as you can is sure-fire way to meet a ton of women online. Upload the pictures, tag all the women you know, and just simply watch the comments accumulate.

Pictures are the focal point of Facebook.

If there were no pictures, there would simply be no Facebook. Therefore, your pictures really have to be top-notch if you ever want to get people to contact you. There are several ways to get your best pictures on Facebook.

One way is to TEST them... you can do this by going to any “photograph rating” website like **Hot Or Not**. Upload some of your best pictures and see which ones people rate the highest. Use this as your Facebook profile.

There are some rules that I go through in my E-book as well that you should look up at [Online Pickup Secrets](#).

Despite what other so-called “online pickup guides” say, you should change your profile pictures on a regular basis. This will allow you to receive much more traffic to your profile. Think of your profile as a business website. No one is going to want to return to visit your profile if it hasn’t changed.

There are several types of pictures that you can use in your Facebook profile that convey value. Here are a few types...

The Prop Picture

Put a picture of you standing in front of an interesting piece of stimulus. For me, for example, I have a great picture of me standing in front of the Eiffel Tower. It doesn’t have to be as spectacular as this, but maybe you have a picture of you

surfing somewhere gorgeous, or doing something crazy. Convey excitement and women will respond to this.

After I put that picture of me in front of the Eiffel Tower, I had several good looking chick friends ask me about my trip to France. I didn't have to do anything...

The Chick Picture

I don't care if you think these types of pictures are cliché. They work. This is where owning a camera really comes in handy. Get pictures of you with really hot chicks, straight up. Why? It's scientifically proven that women are attracted to men who are "pre-selected". You may already know what this term means, but for those of you who don't...

Pre-selection means that you are already "desired" or "selected" by attractive women. This is very attractive to women who don't know you. There was a study that was conducted to prove the nature of pre-selection; a control group of women were shown various photographs of men. Guess which men the women were most attracted to... the pictures of men with beautiful women paying attention to them! Use this!

The “Friendster” Pic

How else can you convey social-quality? Put a picture of you with a bunch of beautiful, good looking friends. This one is easy to do. Good looking women will always hang around with other good looking girls. It’s just a fact. For men, although the disparity of good looks within their social groups is larger, it still holds true. If you have good looking friends, you will appear much more attractive.

There are a plethora of other pictures that you can include in your online profile that will literally get women messaging you that I also cover in my e-book. Now let’s talk about the stuff that’s going to be in your profile besides pictures...



The Facebook Wall

This is another **integral** part of your Facebook profile. This will be hard, but picture yourself as a young, attractive hot female on Facebook...and you receive a “poke” or message from a guy that has no friends and no Facebook wall posts...

CREEPY. You need to regularly post on other peoples’ walls so you can get a good chunk of replies in return. If they’re from attractive girls, then that’s even better. Again, this shows pre-selection and popularity. It shows that you are

socially adept. It shows that you’re outgoing.

Personally, I turn off the feature that shows **whose** walls I’ve posted on. If you look like a “Facebook Whore”, it will significantly lower your social value. You can turn this off in the settings portion of your profile.

I currently have 1000+ wall posts at the time of this report. This is more than enough to increase your perceived popularity and social status.

Other Facebook Profile Pointers

Always set your status to single or have **nothing at all**. I personally leave it blank to stir up some mystery. Women that I message using my routines always ask if I am single or not. This is a great way to start another conversation. Never list your relationship status as “complicated” or anything stupid like that. You’re not a drama queen. Don’t be an emo. This isn’t attractive.

Your “looking for” should never list that you’re looking for a relationship. Anything else is fine.

Never list your phone number. Sometimes it’s good to put down something like... “I don’t have my phone number listed because I’m afraid of stalkers” ...this one’s great.

Keep your profile content funny. Never put down yourself. Never put down anything negative at all.

I have an abundance of other great techniques that I list in my e-book to increase the perceived value of your Facebook profile. Go to the [Online Pickup Secrets Website](#) and learn them all.

Part 2

The Opening Message



The Deal On The “Poke” Button

Many pickup artists will say that “poking” women you’re interested in is a good way to set up an interaction. I tend to disagree with this. It is effective if you’re trying to pick up a girl who’s not in your network and you have no choice but to do the “poke.”

However, in general, poking a girl really has no good use. Attractive women have men poking them every single day. It’s neither unique or does it create any attraction whatsoever. If you were a very attractive male, I can see this working maybe 25% of the time. Otherwise, don’t do this. Don’t even add those applications like “Hug Me” where you can choose to hug, kiss, or “throw a sheep” at the girl you’re trying to pickup. Nothing beats an effective opening message that conveys **value**.

Remember that you should complete the following list effectively before...

Perfect The Profile

Gain Social Proof (Wall Posts/Comments)
Obtain Attractive Photographs
Tag All Photographs
Fill Out Interest Boxes
Keep Profile Clear of Applications
Keep The Profile Updated And Dynamic



Network

Add All Friends. Friends only.
Use “People You May Know” Tool
Post On Others’ Pictures/Walls
Find MORE Friends Using Networks

You should not begin messaging any woman you're interested in without complete the above steps. I do cover these steps in the full version of this report – however for this condensed version, I will leave it out for now. You can obtain the full version at [Online Pickup Secrets](#). It is vital that you create a profile that conveys that you have a large social circle, you are fun, you are adventurous, you are confident, etc. Sound easy enough? With enough practice, it is.

Ingredients of An Attractive First Message

This is the 'make or break' action right here, guys. The opening message is the all important element that dictates how the rest of your interaction will go. Too many guys open with the all too obvious, "Hey! What's up?" or "Hello, you're cute. How are ya?"

While there may be nothing too wrong about this, and some women may respond to be nice, there just really is no point in doing this. Unless you have pictures that make you look like Brad Pitt, your success rate will be rock-bottom low. Too many



women on Facebook and MySpace... and especially on online dating websites basically get attacked by messages such as this. They're too boring... too generic. They lack emotion and they don't control the frame. You need to compel women to talk to you in a positive manner. You need to force them to want to talk to you. And in an online setting, if you know what you're doing, this is rather easy.

Of course, you will inevitably encounter women who just don't response to people they don't know due to safety reasons. And for that, there is nothing you can do. You can't force a woman into talking to you if it's against her morals. However, you can still maximize your chances for her to response.

So what do you need to put in your first message?

You need to have a few things... first your first message needs to have a strong purpose. And no, messaging her to tell her that she's "really cute" or "gorgeous" are not strong purposes. You need something that she really will respond to...

Let's start out with an example... this is one of my favorite openers that I use that's been REALLY popular...

“Hey, you look like who uses Facebook a TON. Can you tell me how the hell I can screen my messages? I’ve been getting a ton of old women messaging me today... no idea why.”

Don’t use this one. I’ve taught way too many guys out there this opener... and it’s being used too often because of its effectiveness. You don’t want another girl catching you on this... that’s just embarrassing.

So, do you see what I mean by having a strong purpose? Here are reasons why she will answer this... and WANT to answer this...

You mention to her that she uses Facebook a lot... no one wants to be labeled a computer geek that has no life – she will want to correct your perspective on this matter. Why? Because she’s a girl... she has to - especially if she’s good looking.

Women **REALLY** want to know what you think of them. So saying something like that... or passing a negative judgment... will have them dying to change what you think. No matter how good looking you are.

More Thoughts...

There are several other elements that you must include in your messages... and I cover them all in the full version of my program, **The Online Game: Internet Attraction System...** in it you'll find the best, most effective and tested method of attracting women on Facebook, MySpace, online dating websites, instant messenger, on the phone... and much, much more!

You won't ever have to approach a woman ever again in real life if you don't want to. That's the sweet thing about it.

Just listen to what **#1 selling author**, John Alexander has to say about my program...

Expert review

Derek,

What you've written is exactly what's missing in all the other online attraction guides I've seen. By going beyond the standard dating sites and telling a guy, step by step, exactly how to handle the social networking sites (Myspace, Facebook, etc.), you've given him a key to very easily unlock a massive area of success in his life.

And that's no exaggeration. These sites have the hottest women out there (certainly much hotter than on the standard dating sites). Then, armed with your information, you can pick them up literally just by sitting at your computer and clicking a few buttons.

I printed out my copy of your e-book and put it in my "most valuable books" collection. I'm recommending your e-book to every guy I know.

John Alexander

Author of How to Become an Alpha Male

See? And that guy knows exactly what he's talking about. So this is definitely something that you should not pass up. In my program you'll find not only my popular e-book that has got all the PUA's talking, **but a plethora of other great goodies, too...**



I got a bunch of other incredible PUAs and relationship experts to contribute to that pretty package you see there. This isn't just the work of me... **but the work of several other PUA geniuses as well.**

Learn The Exact Same Technique That I Used That Landed Me 400+ Dates With Gorgeous, Sexy, Smart, and High Quality Women in Just 3.5 Years!

Wanna learn more? It's easy. Just go to the [Online Pickup Secrets Website](#) and you'll find what you want to know about turning your computer into an

automatic, babe-attracting machine. This isn't a joke... you'll even hear what other real people have to say about my ground-breaking, revolutionary product.

[Online Pickup Secrets Website](#)

All the best,

A handwritten signature in black ink that reads "Derek Lamont". The signature is written in a cursive style and is enclosed within a thin, dashed rectangular border.

Remember that you are free to distribute this PDF to ANYONE you want! However, I only ask that you do not resell this... this is a free report!